

Development of an information gathering tool for toileting children with Autism Spectrum Disorder in a Special School Program.

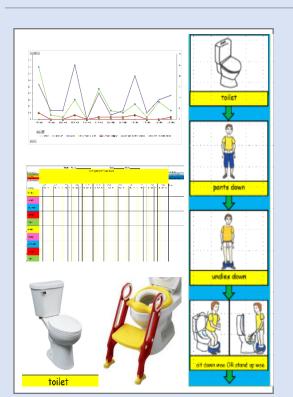
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Introduction

Toilet training children on the Autism Spectrum is often complicated due to:

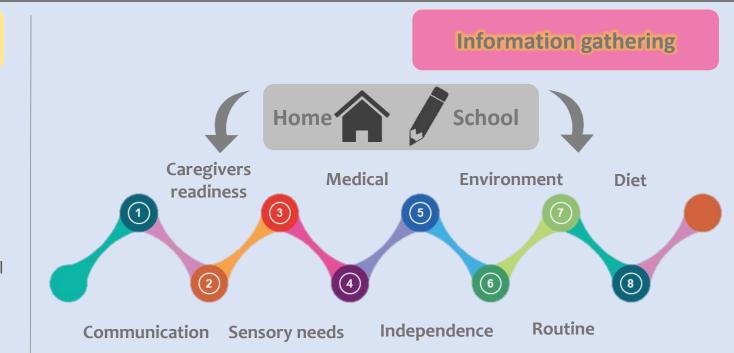
- unique communication styles
- sensory needs
- repetitive behaviours
- comorbidities

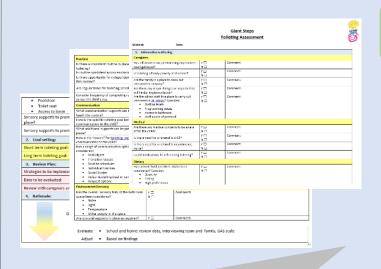
To ensure that all areas of the toileting process are considered during intervention, a **systematic approach** to information gathering is needed. A **comprehensive information gathering tool** was developed by occupational therapists at a school for children with autism to address this need.



Intervention

- Collaboratively set goals
 - Goal Attainment Scale
- Plan intervention
 - Across all environments
 - Share supports and strategies
- Collect data
 - Daily performance recorded
 - Graph visually presents results
- Adapt program
 - Progress made determines direction of the toileting program





Conclusion

A holistic information gathering tool is crucial for developing individualised toileting plans which consider the unique needs of the child, family and school. This tool guides therapists to develop effective strategies and collaborate with parents and teachers to achieve positive outcomes.

Parent Feedback: "Going through the toileting assessment process was life changing as it opened by eyes to the complexities of what my son was trying to achieve. It gave my family solid strategies and confidence throughout the long toilet training process." - Catherine